




InnerLifeSkills®

internationally accredited coaching methodology

3 QUALIFICATIONS 11 COURSES 52 PROCESSES 111 SKILLS 12 SPECIALISATIONS

3 QUALIFICATIONS

Part time weekly 3-4 hour online interactive classes.
Login easily from any device to join your trainer and your group.

	 ILS Professional Coach	 ILS Master Coach	 ILS Master Coach Entrepreneur
ICF ACCREDITATION	●	●	●
Certification hours	PCC LEVEL 74 ACSTH hours	MCC LEVEL 162 ACTP hours	MCC LEVEL 213 ACTP hours
SKILLS	Professional level coaching	Master level coaching	Master level + business building
ICF Core Competencies	●	●	●
Coach Inner Obstacles	●	●	●
Coach Groups	●	●	●
Business Building Strategy		●	●
Business Building Mentoring			●
11 SHORT COURSES	3	9	11
ILS Coach 101	●	●	●
ILS Coach	●	●	●
ILS Apple Tree Enneagram	●	●	●
ILS Intuition Coaching		●	●
ILS Personal Power Coaching		●	●
ILS Relationship Coaching		●	●
ILS Systemic Coaching		●	●
ILS Purpose Coaching		●	●
ILS Dream Builder Coaching		●	●
ILS Enneagram Coach			●
ILS EBB Business Builder			●
PROCESSES	20+	50+	60+
SPECIALISATIONS	7	9	12
Life + Business Coaching	●	●	●
Executive + Corporate	●	●	●
Youth + Teens + Career	●	●	●
Your Brand of Coaching	●	●	●
Wellness + Personal Growth		●	●
Enneagram			●
AVERAGE DURATION	6 MONTHS	1 YEAR	2 YEARS
LIFETIME ACCESS TO ONLINE RESOURCE LIBRARY	●	●	●

Empowering you to Empower Others