



ILS POWER FORMULA

Empowering you to Empower Others!

Name:

Date:

INTRO

We will be using 3 columns. Each will focus on an aspect of the formula.

$$P = R + C$$

CHOICE : here you are going to list all of the smaller and bigger decisions and choices that make up this project/role. Example: a tea lady has to choose what teas to put out, how to stack the cups, when to clear the tea station, how to wash, how to order stock etc.

RESPONSIBILITY : is your "ability-to-respond" (response-ability) we will look at how **confident** and how **capable** you feel about each choice. We will scale each so that you have a guide to build your progress on.

POWER : is where we'll brainstorm solutions and actions to empower yourself to succeed with this project/role.

Use 2 forms if you need more space. Start with column 3 - Choice, then column 2 - Responsibility then column 1 - Power

USES:

- Projects
- Goals
- Planning
- Delegation
- Development plans
- Role or job descriptions/clarity
- Solution finding
- Leadership growth
- Mentorship audit
- Progress measure
- EQ measure

POWER column 1

Solutions and actions to get scale to 10/10

RESPONSIBILITY column 2 C + C

C confidence **C** capability

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CHOICE column 3

List of choices and decisions that make up the project/role/goal

Finish with more of STEP 2 if needed to complete the contract and its evidence, and then STEP 3.