




# InnerLifeSkills®

internationally accredited coaching methodology

• 3 QUALIFICATIONS • 11 COURSES • 52 PROCESSES • 100+ SKILLS • 12 SPECIALIZATIONS •

## • 3 QUALIFICATIONS

Part time weekly 3-4 hour online interactive Webinar classes.  
Login from a computer or Smart phone to join the class.

	 ILS Professional Coach	 ILS Master Coach	 ILS Master Coach Entrepreneur
<b>ICF ACCREDITATION</b>	●	●	●
Certification hours	<b>ACC LEVEL 74 hours ACSTH</b>	<b>PCC LEVEL 162 hours ACTP</b>	<b>MCC LEVEL 213 hours ACTP</b>
<b>SKILLS</b>	Professional Level Coaching	Master Level Coaching	Master Level + Business Building
ICF Core Competencies	●	●	●
Coach Inner Obstacles	●	●	●
Coach Groups	●	●	●
Business Building Strategy		●	●
Business Building Mentoring			●
<b>SHORT COURSES</b>	<b>3</b>	<b>9</b>	<b>11</b>
ILS Apple Tree Enneagram101	●	●	●
ILS Coach 101	●	●	●
ILS Professional Coach	●	●	●
ILS Intuition Coaching		●	●
ILS Personal Power Coaching		●	●
ILS Relationship Coaching		●	●
ILS Systemic Coaching		●	●
ILS Purpose Coaching		●	●
ILS Dream Builder Coaching		●	●
ILS Enneagram Coach			●
ILS ABB Business Builder			●
<b>PROCESSES</b>	<b>5</b>	<b>50+</b>	<b>60+</b>
<b>SPECIALIZATIONS</b>	<b>7</b>	<b>9</b>	<b>12</b>
Life + Business Coaching	●	●	●
Executive + Corporate	●	●	●
Youth + Teens + Career	●	●	●
Your Brand of Coaching	●	●	●
Wellness + Personal Growth		●	●
Enneagram			●
<b>AVERAGE DURATION</b>	<b>6 MONTHS</b>	<b>1 YEAR</b>	<b>2 YEARS</b>
ACCESS TO ONLINE RESOURCE LIBRARY	●	●	●

Empowering you to Empower Others