

ACC

1st certification milestone



Training Certification Takes an Average of 4-6 months

- Completion of at least 60 hours of coach-specific training that meets ICF guidelines for credentialing.
- Completion of at least 100 hours of client-coaching experience since the start of their coach training.
- Completion of 10 hours of mentor coaching with an eligible mentor coach.
- Submission of a completed application for the Associate Certified Coach Credential.
- Pass both knowledge and performance assessments at the Associate Certified Coach level.

PCC

2nd certification milestone



Training Certification Takes an Average of 10-14 months

- Completion of at least **125 hours** of coach-specific training that meets ICF guidelines for credentialing.
- Completion of at least **500 hours** of client-coaching experience since the start of their coach training.
- Completion of **10 hours** of mentor coaching with an eligible mentor coach.
- Submission of a completed application for the Professional Certified Coach Credential.
- Pass both knowledge and performance assessments at the Professional Certified Coach level.

MCC

3rd certification milestone



Training Certification Takes an Average of 18-24 months

- Completion of at least 200 hours of coach-specific training that meets ICF guidelines for credentialing.
- Completion of at least 2,500 hours of client-coaching experience since the start of their coach training.
- Completion of 10 hours of mentor coaching with an eligible mentor coach.
- Submission of a completed application for the Master Certified Coach Credential.
- Pass both knowledge and performance assessments at the Master Certified Coach level.
- Hold or have previously held a Professional Certified Coach (PCC) credential.